#### **GREENWOOD COMMUNITY CENTER**

**Greenwood Parks & Recreation Department** 

#### **MEMBERSHIP INFORMATION**

Proof of residency must be provided when signing up for membership. Please bring a current utility bill. Date of Membership Application \_\_\_\_\_ Proof of residency: \_\_\_\_\_ Check # Cash Address\_\_\_\_\_ | Amount/Trans.#\_\_\_/ City\_\_\_\_\_State\_\_\_\_Zip\_\_\_\_ Home Phone Work Phone Date of Birth FAMILY MEMBERSHIP INFORMATION – in same household The family membership fee includes up to five passes (A parent and four school-age children, or two parents and three children). There is an additional fee of \$15 for each additional family member. For Office Use Only NAME AGE D.O.B AMT. R# EMERGENCY CONTACT INFORMATION Emergency Contact\_\_\_\_\_Phone\_\_\_ Is there any special health information you would like to disclose about any member of vour family? **Notes:** 

### **Greenwood Community Center**

#### INFORMED CONSENT AGREEMENT AND WAIVER AND RELEASE OF LIABILITY

DISCLAIMER: THE GREENWOOD COMMUNITY CENTER IS NOT

RESPONSIBLE FOR ANY INJURY (OR LOSS OF PROPERTY)
TO ANY PERSON SUFFERED WHILE PLAYING, PRACTICING,

OR IN ANY OTHER WAY INVOLVED IN COMMUNITY CENTER ACTIVITIES FOR ANY REASON WHATSOEVER, INCLUDING ORDINARY NEGLIGENCE ON THE PART OF THE

CITY OF GREENWOOD, THE GREENWOOD COMMUNITY

CENTER, THEIR AGENTS, OR EMPLOYEES.

We request your understanding and cooperation in maintaining both your and our safety and health by reading and signing the following consent agreement.

I declare that I intend to use some or all of the activities, facilities, programs, and services offered by the Greenwood Community Center and I understand that each person (myself included), has a different capacity for participating in such activities, facilities, programs, and services. I am aware that all activities, facilities, programs, and services offered are educational, recreational, or self-directed in nature. I assume full responsibility, during and after my participation, for my choices to use or apply, at my own risk, any portion of the information or instruction I receive. I understand that participation in all sports and physical activities involves certain inherent risks, and regardless of the care taken it is impossible to ensure the safety of the participant.

I understand that part of the risk involved in undertaking any activity or program is relative to my own state of fitness or health (physical, mental or emotional) and to the awareness, care and skill with which I conduct myself in that activity or program. I acknowledge that my choice to participate in any activity, service, or program of the Greenwood Community Center brings with it my assumption of those risks or results stemming from this choice and the fitness, health, awareness, care, and skill that I possess and use.

I further understand that the activities, programs, and services offered by the Greenwood Community Center are sometimes conducted by personnel who may not be licensed, certified, or registered instructors or professionals. I accept the fact the skills and competencies of some employees and/or volunteers will vary according to their training and experience and that no claim is made to offer assessment or treatment of any mental or physical disease or condition by those who are not duly licensed, certified, or registered and herein employed to provide such professional services.

I recognize that by participating in the activities, facilities, programs, and services offered by the Greenwood Community Center, I may experience potential health risks such as transient lightheadedness, fainting, abnormal blood pressure, chest discomfort, leg cramps, and nausea; minor injuries such as scrapes, bruises, strains and sprains; more serious injuries such as broken bones, cuts,

concussions, and eye injuries (including loss of vision); and catastrophic injuries such as heart attacks, paralysis, and death; and that I assume willfully those risks. I acknowledge my obligation to immediately inform the nearest supervising employee of any pain, discomfort, fatigue, or any other symptoms that I may suffer during and immediately after my participation. I understand that I may stop or delay my participation in any activity or procedure if I so desire and that I may also be requested to stop and rest by a supervising employee who observes any symptoms of distress or abnormal response.

I agree to follow all posted safety rules. Further, I agree to report any unsafe practices, conditions, or equipment to the management. I understand that I may ask any questions or request further explanation or information about the activities, facilities, programs, and services offered by the Greenwood Community Center at any time before, during, or after my participation. I further understand that in the event of a medical emergency, management will call EMS to render assistance and that I will be financially responsible for any expenses involved.

WAIVER AND RELEASE OF LIABILITY: In consideration of being permitted to participate in activities of the Greenwood Community Center, on behalf of myself, my family, my estate, my heirs and my assigns, I hereby release, and covenant not to sue, the City of Greenwood, the Greenwood Community Center, their agents, employees, or instructors from liability for property damage, personal injury, loss or death to myself, while using the facility or in any way associated with participating in the activities of the Community Center now or in the future, resulting from the ordinary negligence of the City of Greenwood, the Greenwood Community Center, their agents, employees, or instructors.

I further agree to indemnify and hold harmless the Greenwood Community Center and the related parties listed above for any and all claims arising as a result of my engaging in or receiving instruction in the Greenwood Community Center activities or any activities incidental thereto, wherever, whenever, or however the same may occur.

I hereby expressly agree that this Informed Consent Agreement and Waiver and Release of Liability is intended to be as broad and inclusive as permitted by the laws of the State of Indiana and that if any portion hereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

I affirm that I am of legal age and am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and/or remedies which may be available to me for the ordinary negligence of the Greenwood Community Center or any of the parties listed above.

(Signature of Participant)	(Date)	(Signature of Parent if Participate is Under 18)	(Date)
Printed		Printed	





# **Greenwood Community Center**

## Membership information

Thank you for choosing to become a member of the Greenwood Community Center, one of the branches of the Greenwood Parks and Recreation Department. We pledge to do whatever we can to make your experience here rewarding and enjoyable. Please don't ever hesitate to ask for help or offer a suggestion. We are here to serve you.

Our goal is to have everyone feel like this is their home away from home. To that end, we've established a set of guidelines to ensure a healthy, safe visit for everyone.

**CLEANING EQUIPMENT:** We provide paper towels and a mild disinfecting solution upstairs in the adult workout area. Members are asked to wipe down the workout equipment after each use. Wiping down the equipment helps prevent the spread of germs. Please use a fresh paper towel for each machine. Using the same towel for numerous machines simply spreads germs around. Please spray the solution on the paper towel and then wipe off the sweaty parts of the machine. DO NOT SPRAY THE MACHINE DIRECTLY. Extra caution should be taken on the keyboard controls because liquid and electronics don't mix. Preventing the spreading of germs helps us all.

**SAFETY:** Your safety is our primary concern at the Greenwood Community Center. If you have any questions about the workout equipment, please ask at the front counter. We'll be happy to personally show you how to safely use any piece of equipment. If you'd be more comfortable learning about the equipment in a group setting, we also have a staff member available every Tuesday at 7 p.m. The community center does not offer personal trainers. We cannot counsel you on what to do during your workout. What you do and how much you do is up to you, your doctor and your trainer. Our involvement is designed to assist you to safely use the equipment.

**DRINKS:** Hydration is a key ingredient in any workout program. There are vending machines available on the lower level for your convenience. However, to help maintain a clean building, we need to limit the consumption of drinks in portions of the building.

Drinks are not allowed in the gym to prevent spills on the wood floor. The floor is sealed every other year, but liquid can cause damage to the maple flooring. Water fountains are located in the hallways outside the gym. Canned and bottled drinks should be taken to the concession area.

The adult workout area on the upper level was re-carpeted in 2005. To help maintain its appearance, we ask that only bottled water be taken upstairs. Please don't bring an open cup of coffee, for example. It's too easy for someone to knock it over and stain the carpet. Red, purple, orange, etc. sports drinks also stain the carpet.

No drinks of any kind are allowed downstairs on the carpeted area.

- **FOOD:** No food is allowed in the gym or on any of the carpeted areas in the building. Food is available in the vending machines located in the concession area. All food must stay on the tiled areas located on the lower level of the building.
- **SHOWERS:** Please feel free to use the locker rooms, located downstairs. We ask that you bring your own towel, soap and shampoo when using the showers. Please spray down the shower walls with the shower clean spray that's provided. There are no locks on the lockers. Please bring your own. Please use any available locker and take everything with you when you leave. Locks left overnight may be cut off. We are not responsible for lost or stolen items.
- **COMMUNITY CENTER CARDS:** It's important that you bring your community center card with you each time you come into the building. Check in by scanning the barcode at the front desk. We use this to get an accurate count of how many people are using the building. This kind of information is useful when it comes to purchasing new equipment. Your community center card can also be used to check out basketballs and equipment for the game room.

If you lose your card, please purchase a replacement. The cost is \$4.

- **UTILITY BILL:** Proof of residency must be done each year when you renew your membership. Sorry. People move in and out of the city all the time. Many people don't change their driver's license for several years. That's why we ask for a current utility bill to verify residency. We realize this may be inconvenient, but you get a substantial discount on your annual fees when you're a city resident.
- **HANDS OFF:** The Greenwood Community Center is a "hands off" facility. If you have a beef with someone, please report it to a supervisor. Do not push, shove, hit, kick, slap, etc. anyone at anytime. The police will be called if there is an altercation.
- **OPEN GYM:** It is our intention to have the gym open for basketball most of the time. There will be a few times during the year when the gym will be closed to open play to accommodate a special event.
- **AGE OF CHILDREN:** Children are not allowed to be at the community center without an adult (18 years old) until they are eight years old. This is for everyone's safety. Also, upstairs is an adult area only. Children are not allowed upstairs (even with their parents).
- **ADULT WORKOUT AREA:** Upstairs is an adult workout area. Children are not allowed upstairs until they are 18 years old, with one exception. Children age 15-17 can be certified to begin working out upstairs. These workouts are restricted to after school, on the weekends and anytime the child is with their parents. Children certified to workout upstairs will be issued a special card signifying they are eligible to be upstairs.
- **PLEASE DON'T BANG THE WEIGHTS:** The weights should be lowered slowly at the end of each set. If you're banging the weights, that means you're trying to lift too much weight.
- **CLOSING TIME:** Parents are reminded that closing time is closing time. We are not a 24-hour per day operation. Please pick up your children before the posted closing time. Children left here for more than 15 minutes after closing time will be taken to the police station.